

CB-BK WE2 2026: Session: 2: COACH evaluation sheet for TEAM: HN

Coachinfo: Warming up from: 15:00 untill 15:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ardu Daniel

Coaches: Hofmans Françoise HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 400M MEDLEY MEN 19+

Heat:1, starttime: 16:16

Heat: 1/1 Lane : 4 Athlete: BENNANI WALID

Q-time: 04:36:29

PB (50m pool): 04:36.29 Antwerpen 17/05/2026

PB (25m pool): 04:28.99 SB: 04:36.29 Antwerpen 17/05/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:28.25	01:01.65	01:37.65	02:12.76	02:52.43	03:32.75	04:05.48	04:36.29
	00:28.25	00:33.40	00:36.00	00:35.11	00:39.67	00:40.32	00:32.73	00:30.81
								

Coach feedback: